

The OPT IN Plan for a Flu Season Outbreak

If flu reaches your community, you need to be extra vigilant. With visitors coming and going to your facility, the chances of having a flu outbreak increase dramatically. The OPT IN plan described below will help you manage an outbreak.

- **O** Order a flu test for the first resident who is suspected of having flu. You want to have laboratory confirmation before taking further action.
- **P**rophylax residents and staff with antiviral medication to prevent further spread of the infection.
- **T**reat the infected resident with antiviral medication to help shorten the course of the infection.
- **I**mplement infection control measures throughout the facility to minimize transmission of the virus during an outbreak.
- **N**otify local public health officials, family members of residents, and local media.