



What Should I Ask My Doctor?

These questions will help you have a productive conversation with your doctor about flu symptoms, treatment options for influenza, and ways to plan ahead for flu season.

1. How can I help prevent the flu?

2. How can I help treat the flu?

3. What can I do to protect my children from the flu?

4. Should I get a flu vaccine to prevent the flu?

5. Should my children get flu shots?

6. Should I take antibiotics for the flu?



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7. How are antivirals different from a flu vaccine?

8. Can I use antivirals as a way to prevent the flu?

9. Can my children also use antivirals for the flu?

10. Which antivirals should we use? What types of antivirals are there?
