

When patients aged 18 years and older present with flu-like symptoms, ask yourself...

Is it INFLUENZA?

ADULT

Ask the following questions to help alert physicians to a possible case of flu.

SYMPTOMS: Does the patient exhibit...

- Fever^{1,2}
- Aches²
- Cough or sore throat^{1,2}
- Difficulty breathing¹
- Chest pain or pressure¹
- Dizziness¹
- Confusion¹
- Severe or persistent vomiting¹
- Flu-like symptoms that had improved but have returned and/or worsened¹

COMORBIDITIES: Does the patient present with...

- Chronic pulmonary condition(s)¹
- Cardiovascular condition(s)¹
- Renal condition(s)¹
- Hepatic condition(s)¹
- Hematological condition(s)¹
- Metabolic disorder(s)¹
- Immunosuppression¹

RECENT HISTORY: Determine if the patient...

- Has been exposed to anyone recently diagnosed with influenza¹
- Has not received an influenza vaccination
- Is pregnant or up to 2 weeks postpartum¹
- Is elderly¹

The more “yes” answers, the greater the likelihood of influenza. Be sure to share *any* indicators of influenza with the physician or schedule the patient for an appointment immediately.

For more information on diagnosing or treating influenza, please visit <http://www.cdc.gov/flu/about/disease/>

When children aged 1 year and older present with flu-like symptoms, ask yourself...

Is it pediatric INFLUENZA?

PEDIATRIC

Ask the following questions to help alert physicians or patients to a possible pediatric flu case.³

SYMPTOMS: Does the child exhibit...

- Fast breathing/difficult breathing
- Dehydration
- Severe or persistent vomiting/inability to keep fluids down
- Lethargy
- Irritability
- Pain in chest or abdomen
- Flu-like symptoms that had improved but have returned and/or worsened

COMORBIDITIES: Does the child present with...

- Neurological condition(s)
- Chronic respiratory condition(s)
- Cardiovascular disease(s), congenital heart disease
- Intellectual disability
- Immune deficiency(ies)
- Significant metabolic or endocrine disorder(s)
- Renal, hepatic or hematologic disorder(s)

MEDICATION: Is the child receiving...

- Chronic aspirin therapy

RECENT HISTORY: Has the patient...

- Been exposed to anyone recently diagnosed with influenza
- Not received an influenza vaccination

The more “yes” answers, the greater the likelihood of influenza. Be sure to share *any* indicators of influenza with the physician or schedule the patient for an appointment immediately.

For more information on diagnosing or treating influenza, please visit <http://www.cdc.gov/flu/about/disease/>

For adult symptoms, please see reverse side.

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References: **1.** Centers for Disease Control and Prevention. 2009-2010 influenza season triage algorithm for adults (older than 18 years of age) with influenza-like illness. <http://www.cdc.gov/h1n1flu/clinicians/pdf/adultalgorithm.pdf>. Accessed July 28, 2010. **2.** National Institute of Allergy and Infectious Diseases. Influenza symptoms. <http://www.niaid.nih.gov/topics/Flu/understandingFlu/Pages/Symptoms.aspx>. Accessed July 28, 2010. **3.** Centers for Disease Control and Prevention. 2009-2010 influenza season triage algorithm for children (≤18 years) with influenza-like illness. <http://www.cdc.gov/h1n1flu/clinicians/pdf/childalgorithm2.pdf>. Accessed July 28, 2010.