

CHECK YOUR OFFICE:
are you ready for the flu?

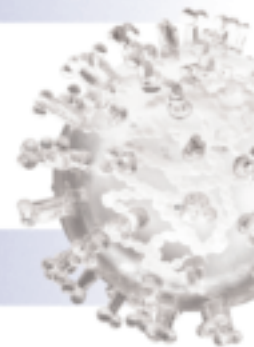
Plan ahead for optimal influenza preparation this season

IMPLEMENT REGULAR FLU SURVEILLANCE

- Watch for flu in your community with these websites
 - <http://www.cdc.gov/flu/weekly/fluactivitysurv.htm>
 - <http://www.flufacts.com/flu-tracker.jsp>
 - <http://www.google.org/flutrends>

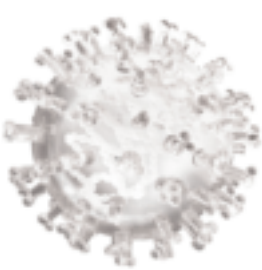

IDENTIFY ACCOUNTABLE LEADS AND KEY CONTACTS

- Create a flu planning committee and identify points of contact for answers/consultation on infection control
 - state health department
phone: _____ website: _____
 - local health department
phone: _____ website: _____
 - local school board
phone: _____ website: _____






EDUCATE YOUR STAFF AND YOUR PATIENTS

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- Does your office staff have the necessary information? Educate your office through web-based and locally offered training programs
—<http://www.cdc.gov/flu/professionals/training/>
 - Train your office personnel in infection control to help prevent the flu
—<http://www.cdc.gov/flu/professionals/infectioncontrol/healthcavesettings.htm>
 - Provide your staff with materials that help patients understand the flu
—<http://www.cdc.gov/flu/freeresources/>
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SPREAD THE WORD, NOT THE FLU

- Offer patient materials on flu facts, including hygiene and symptom recognition
- Apply careful hygiene measures in your office

DEVELOP A VACCINE AND ANTIVIRAL USE PLAN

- For up-to-date information on vaccines and antiviral medications, check these websites
—<http://www.cdc.gov/flu/protect/vaccine/>
—<http://www.cdc.gov/flu/professionals/antivirals/>
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For more information on protecting your office and your patients against influenza, visit <http://www.cdc.gov/flu/>

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